



SUSTAINABLE DEVELOPMENT GOALS

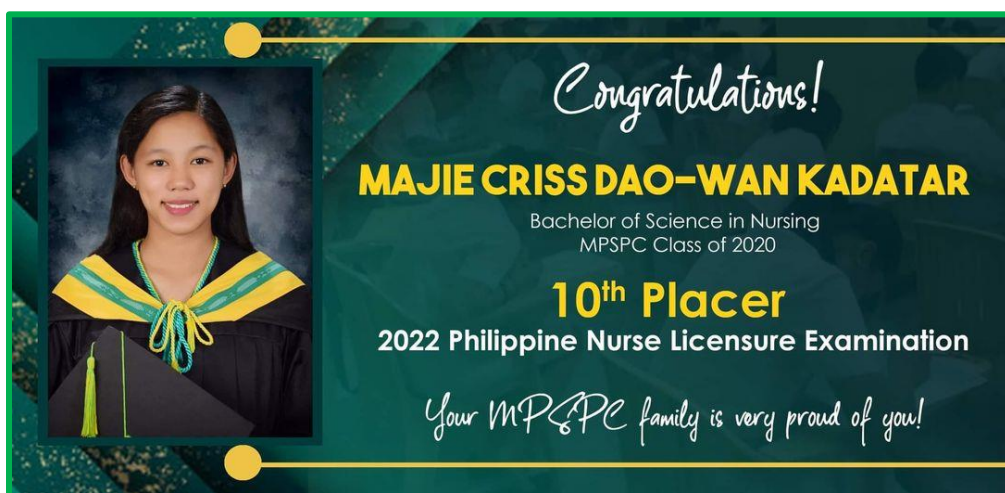
# 3 GOOD HEALTH AND WELL-BEING



## 2022 REPORT

Mountain Province State Polytechnic College (MPSPC) in 2022 made significant initiatives on healthcare education and community well-being.

Health Professions Graduates: MPSPC produced 41 graduates on health-related programs, specifically on the Bachelor of Science in Nursing in 2022. They represent 8.63% of the total graduates of the College. MPSPC contributed 15 new nurses in 2022. A graduate in 2020, placed number 10 in the 2022 Philippine Nurse Licensure Examination. These manifest the College's dedication in addressing the global need for skilled healthcare professionals, furthering the cause of SDG 3.



Ms. Majie Criss D. Kadatar, BSN 2020 graduate of MPSPC got the 10<sup>th</sup> place in the 2022 Philippine Nurse Licensure Exam

BONTOC CAMPUS	MONTH	PASSING RATE				
		# of Takers	# of Passers	MPSPC Passing Rate	MPSPC Overall Passing Rate	National Passing Rate
BEED	March	26	20	76.92%		48.89%
BSED	March	27	14	51.85%		41.73%
BSA	May	8	1	6.67%	6.67%	22.29%
BSN	May	7 (First timers)	6 (First Timers)	85.71%	65.22%	68.01%
		16 (Repeaters)	9 (Repeaters)	56.25%		
BSCRIM					45.81%	30.39%



SUSTAINABLE DEVELOPMENT GOALS



## Board Passing Rate for BSN in 2022



Nursing Affiliation: MPSPC collaborated with several healthcare institutions, including Luis Hora Memorial Regional Hospital, Baguio General Hospital and Medical Center, and Bontoc General Hospital, for the affiliation of student nurses. This partnership enhances the education and experience of nursing students in the field of health care.



MOA signing with health-related institutions for the affiliation of BSN students



Student nurses during their affiliation at the Luis Hora Regional Memorial Hospital

Mental Health Awareness: The Office of Guidance and Counseling conducted a series of Mental Health Awareness programs where qualified personnel educated students about mental health concepts and promoted over-all well-being. This initiative fosters mental health awareness in line with SDG 3.



Health Education Campaign: To raise awareness about oral health and hand hygiene, MPSPC in collaboration with the Philippine Nurses Association conducted health education campaign. This activity contributed to infection prevention and control which is an essential aspect of public health.



SUSTAINABLE DEVELOPMENT GOALS





Dental Mission in Guina-ang: A joint effort between MPSPC Health Services, the Department of Education, and the community of Guina-ang provided essential dental care to residents, demonstrating the transformative power of community collaboration in promoting well-being.



Commitment to Women's Health: The MPSPC Health Service Unit's 2022 accomplishment report emphasized its contribution and impact on sexual and

reproductive health among students. This showcases the unit's dedication to addressing diverse medical cases and providing essential healthcare.

Counseling Services: The Office of Guidance and Counseling played a pivotal role in nurturing the personal and professional development of interns from various college programs. This contributes to holistic growth and success, in line with SDG 3's focus on well-being.

Psychological Testing: MPSPC's administration addresses the psychological well-being of new employees by referring them to the Office of Guidance and Counseling for personality assessments, ensuring well-being in the workplace.

[https://www.mpspc.edu.ph/images/SDG/SDG3/empowering\\_interns/self-awareness\\_and\\_self\\_care.pdf](https://www.mpspc.edu.ph/images/SDG/SDG3/empowering_interns/self-awareness_and_self_care.pdf)

Nursing Students' Self-Awareness: Aspiring nurses engaged in a self-awareness activity, highlighting the importance of self-assessment and self-awareness in psychiatric mental health nursing, aligning with SDG 3's emphasis on mental health.

<https://drive.google.com/file/d/11EtdZfBPK2IZN2bMsHWtxo2k32q4fioj/view?usp=sharing>



**SUSTAINABLE DEVELOPMENT GOALS**



Promoting Student Well-Being: MPSPC enforces no-smoking and no-liquor policies in its campuses to ensure the health and well-being of its students, as stipulated in the Student Code of Conduct and Discipline. These policies contribute to promoting a healthy campus environment.

Ultimately, the Mountain Province State Polytechnic College actively promotes the principles of SDG 3 by producing healthcare graduates, fostering mental health awareness, providing essential healthcare services, and emphasizing well-being in its educational and campus policies. These initiatives contribute to achieving good health and well-being for all, as outlined in SDG 3.

Services	No. of Clients Served
<b>BONTOC CAMPUS</b>	
E-counseling	10
Face-to-face guidance and counseling	320
Administered and scored psychological test	1,774
Test results discussed	235
MPQ Psychological Test administration	3
Signed individual inventory form	1,323
Speaking engagements outside the campus (PLGU, Barlig, & MPDEO-DPWH)	11
CGMC issued for various purposes	598
Individual Counseling (Barlig)	21
<b>TADIAN CAMPUS</b>	
Guidance Services	320
Pilot testing of Admission Test	255

Summary of Services Rendered by the Guidance and Counseling Office in 2022

MEDICAL UNIT		DENTAL UNIT	
Services	No. of Clients Served	Services	No. of Clients Served
BP Taking/Monitoring	1,880	Consultation /Oral Exam	103
Prenatal Check-up (Pregnancy)	4	Oral prophylaxis	38
Random Blood Sugar Test (RBS)	22	Oral extraction	13
General Problems	31	Online consultation	71
EENT (Ear, Eyes, Nose, Throat)	48	Chairside Dental Health Education	59
Respiratory/Lung Problems	256	Dental Certification	2
Cardiovascular Problems	102	Dental Scheduling	66
Gastrointestinal Problems	61	Apical and Alveolar Abscess	53
Musculoskeletal Problems	43	Dental Gingivitis	5
Skin Problems	53		
Neurologic Problems	114		
Reproductive Problems	15		
Hepatitis B Vaccine	211		
Hospital Referrals	1		
Medical/Physical Examination	915		
Medical Certification	408		
<b>Others:</b>			
Hyperuricemia	1		
Bee Sting	2		
Obese	15		
Underweight	13		
Anemia	3		
Idiopathic Thrombocytopenia Purpura	1		

Medical and Dental Services rendered by the Health Services Unit in 2022



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